

SIMPLE

A bright yellow sun with a soft, glowing aura is centered in the upper half of the image. A vibrant rainbow arches across the sky, starting from the left side and curving towards the bottom. The background is a clear, bright blue sky with wispy white clouds. The overall mood is positive and uplifting.

Helping ourselves by helping others.



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WIND SHAPED STONE

Thanks and dedications to....

My Creator for my life, the abundance and the moments of clarity...

To my families

P,M,R,G,G,H,S,A

Tom & the very special 'K'.

To all that spared their time, love, words
and wisdom, thank you for enabling me.

One love to all.



Concept and content created by
Phil Chard

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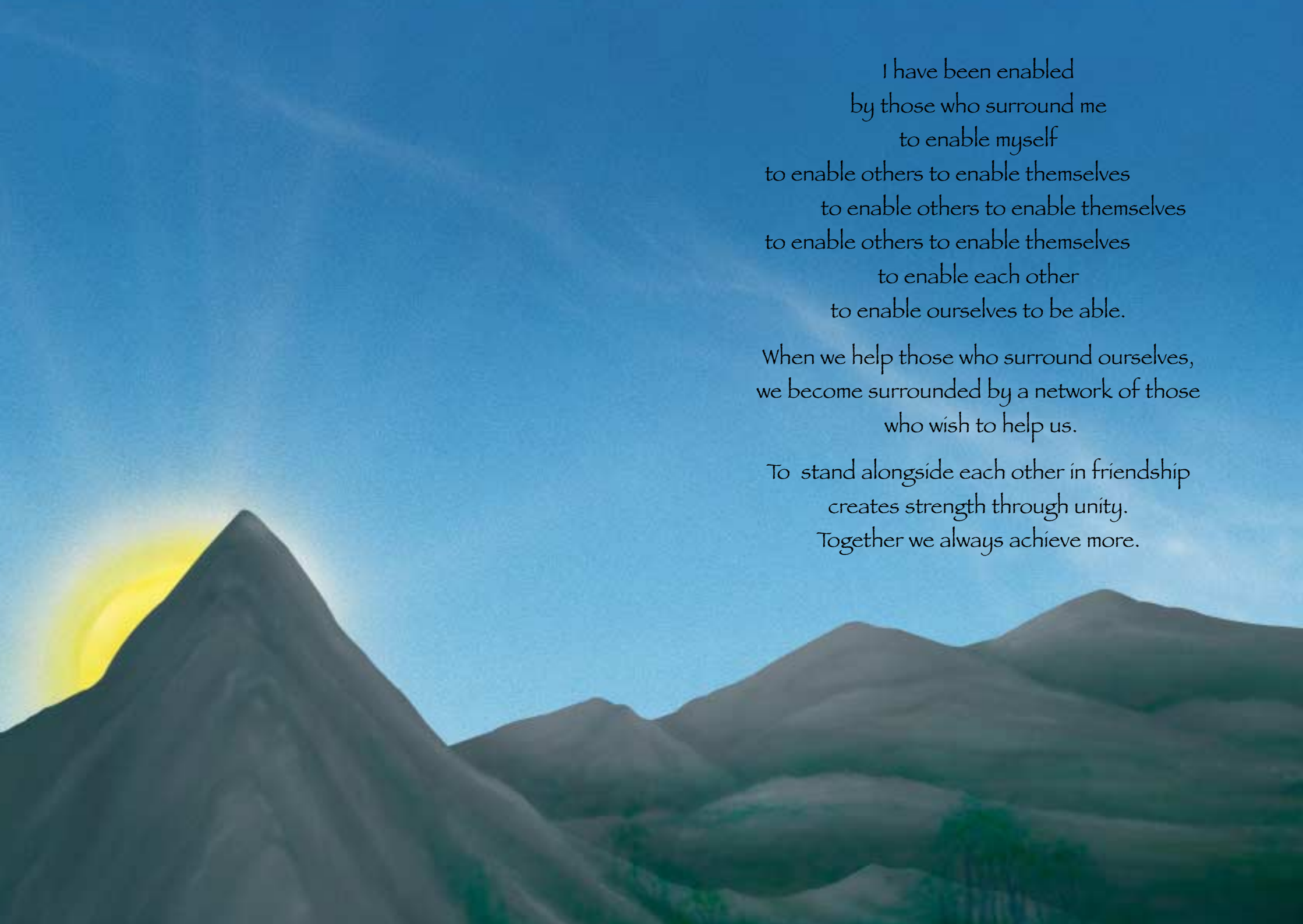
To create a World of Shared Abundance

This is not a self help book !
It is a help others book.
If the ideas in these pages
ring true to you,
absorb them and give this book
or a copy of it to
someone you wish to enable.



SIMPLE

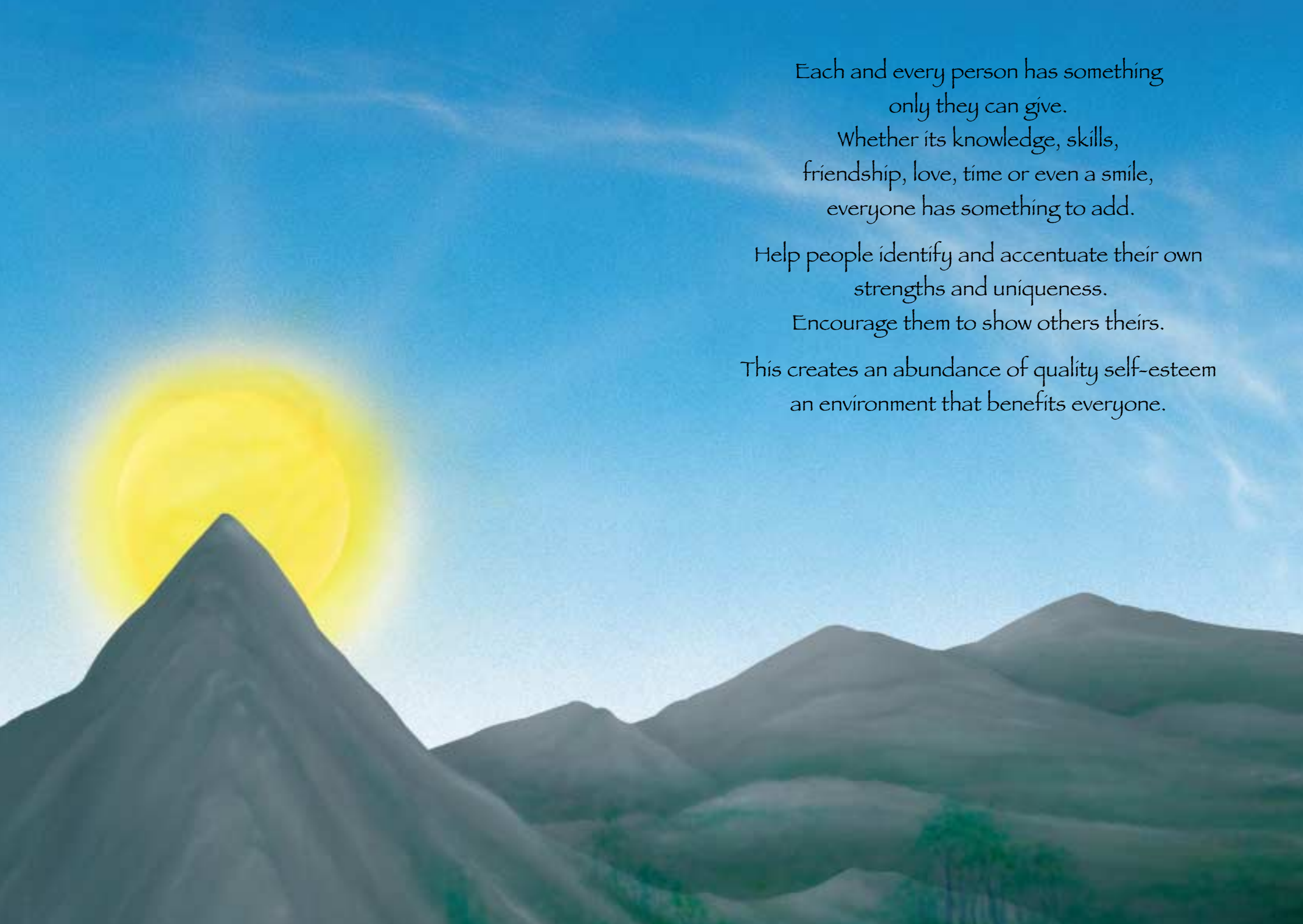
Helping ourselves by helping others.

A landscape with mountains and a sun. The sun is a bright yellow circle on the left side, partially obscured by a dark mountain peak. The sky is a clear blue. In the foreground, there are rolling green hills and a small green tree on the right.

I have been enabled
by those who surround me
to enable myself
to enable others to enable themselves
to enable others to enable themselves
to enable others to enable themselves
to enable each other
to enable ourselves to be able.

When we help those who surround ourselves,
we become surrounded by a network of those
who wish to help us.

To stand alongside each other in friendship
creates strength through unity.
Together we always achieve more.

A landscape illustration featuring a bright yellow sun partially obscured by a dark mountain peak on the left. The sky is a clear blue with light, wispy clouds. In the foreground, there are rolling green hills and a small cluster of trees. The overall scene is bright and positive.

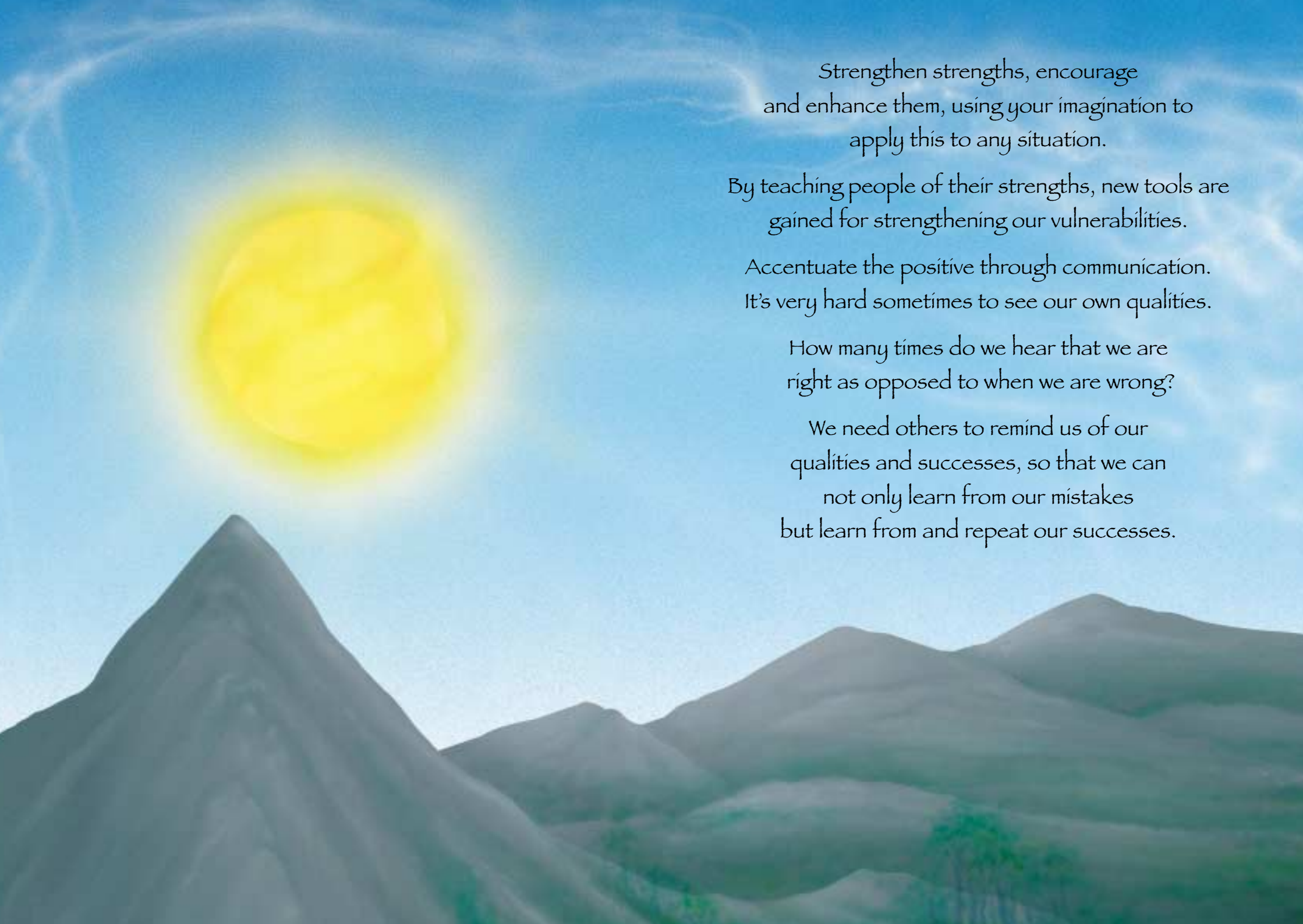
Each and every person has something
only they can give.

Whether its knowledge, skills,
friendship, love, time or even a smile,
everyone has something to add.

Help people identify and accentuate their own
strengths and uniqueness.

Encourage them to show others theirs.

This creates an abundance of quality self-esteem
an environment that benefits everyone.



Strengthen strengths, encourage
and enhance them, using your imagination to
apply this to any situation.

By teaching people of their strengths, new tools are
gained for strengthening our vulnerabilities.

Accentuate the positive through communication.
It's very hard sometimes to see our own qualities.

How many times do we hear that we are
right as opposed to when we are wrong?

We need others to remind us of our
qualities and successes, so that we can
not only learn from our mistakes
but learn from and repeat our successes.

Live your truth, be true to yourself, harmless to all and encourage others to be the best they know they can be.

Enable others to enable themselves to enable each other to enable ourselves to be able.

Able to do anything our hearts desire. Everything for everyone becomes possible with assistance and persistence...

Everything for everyone is...PASS IT ON....

possible with assistance and persistence and...possible with

Anything for anyone becomes possible with assistance and persistence...PASS IT ON....

Once we realise that things aren't as hard as they appear to be.

With focus and patience anything we put our minds to is achievable.

With persistence our perceived obstacles cease to be problems. They become solutions,

opening new doors for us along the way. Anything for anyone becomes possible with persistence and assistance...

Persistence of Gravity


The image features a central, glowing full moon in a pale blue hue. It is encircled by a vibrant, multi-colored ring resembling a rainbow, with colors transitioning from red on the outside to purple on the inside. The entire scene is set against a deep, dark blue background that has a subtle, grainy texture.

Achieving the impossible on a
daily basis with persistence.



Persistence of Gravity.

Achieving the impossible on a daily basis with persistence.



To bridge the distance and make space obsolete.
For more copies or information contact ...

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PLEASE...

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however the design, concept and contents are copyright of the artist,
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Advocate for Responsible Individualism

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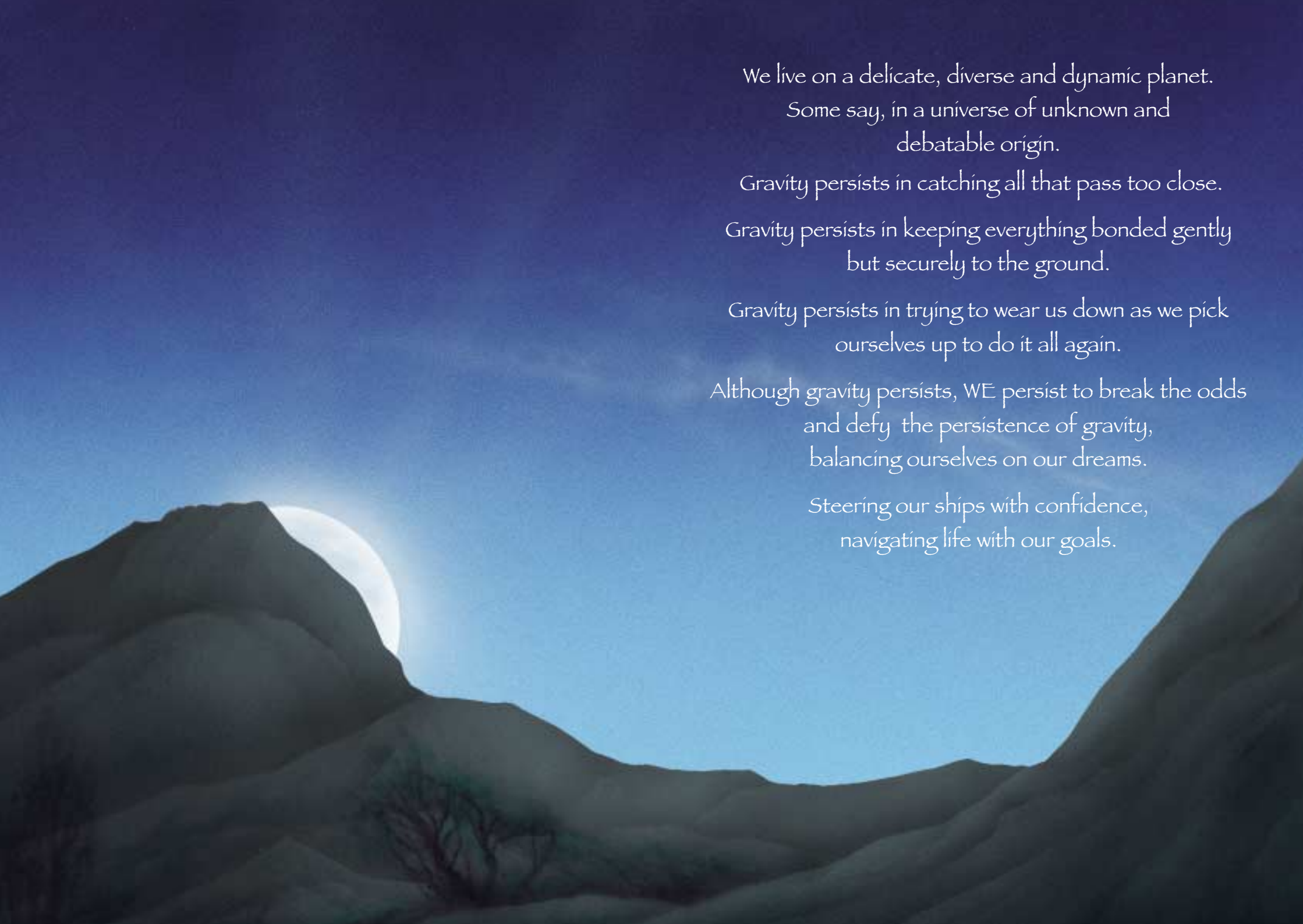
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Persistence of Gravity.

Achieving the impossible on a
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A landscape illustration featuring a large, bright full moon rising behind a dark mountain range. The sky is a deep blue, and the foreground shows rolling hills and a small, dark, leafless tree. The overall mood is serene and contemplative.

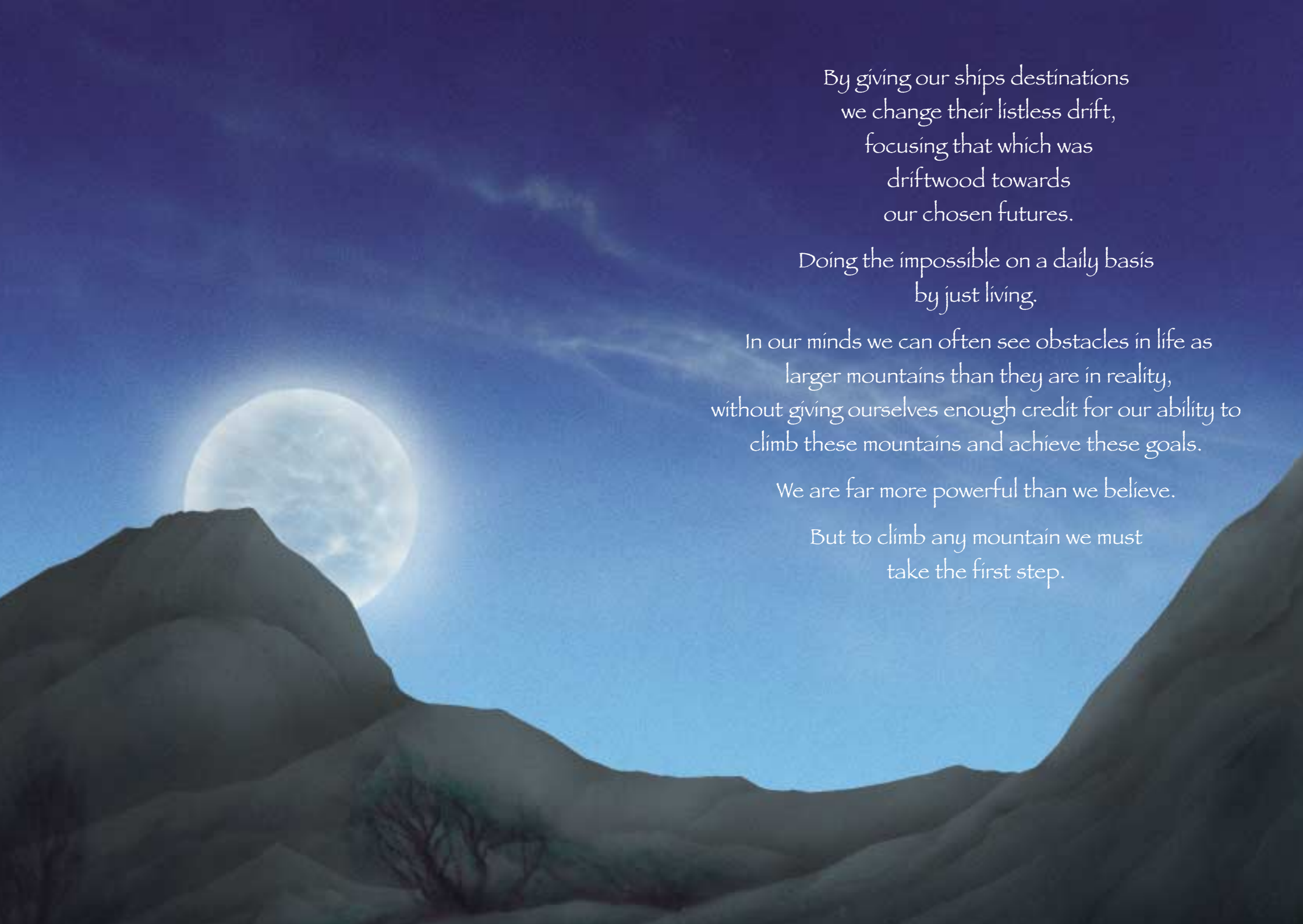
We live on a delicate, diverse and dynamic planet.
Some say, in a universe of unknown and
debatable origin.

Gravity persists in catching all that pass too close.
Gravity persists in keeping everything bonded gently
but securely to the ground.

Gravity persists in trying to wear us down as we pick
ourselves up to do it all again.

Although gravity persists, WE persist to break the odds
and defy the persistence of gravity,
balancing ourselves on our dreams.

Steering our ships with confidence,
navigating life with our goals.




By giving our ships destinations
we change their listless drift,
focusing that which was
driftwood towards
our chosen futures.

Doing the impossible on a daily basis
by just living.

In our minds we can often see obstacles in life as
larger mountains than they are in reality,
without giving ourselves enough credit for our ability to
climb these mountains and achieve these goals.

We are far more powerful than we believe.

But to climb any mountain we must
take the first step.

A full moon is visible in a clear blue sky, positioned in the upper left quadrant. The background shows a desert landscape with rolling hills and a few small, dark trees in the foreground. The overall scene is serene and evocative.

Looking back when the goals ARE achieved,
it becomes apparent that our perception of the
situation was only an illusion of the mind as
the seemingly impossible becomes past success.

There is no such thing as a problem,
only an undiscovered solution.

Solutions often come easier when
problems are approached
in bite sized pieces.

Once we realise that things aren't as hard as they appear to be.

With focus and patience anything we put our minds to is achievable.

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